

FATHER SAVAS CONSTANTINOU MEMORIAL FAMILY MISSION WALK
Saturday, September 23, 2017
FIRST LANDING STATE PARK, VIRGINIA BEACH

The mission walk is an Orthodox Community effort. Your generosity goes a long way!

REGISTRATION FORM

I/WE will participate in the following activities:

_____ Picnic/Lunch (____ number attending)

_____ Mission Walk (____ number attending)

Complimentary T-shirts: XXL ____ XL ____ LG ____ MED ____ SM ____
Adult sizes only. Please indicate number/sizes for pre-order. 1 per participant
please.

NAME: _____

CHURCH: _____

E-MAIL ADDRESS: _____

PHONE NUMBER: _____

The Father Sav Mission walk is named in honor of Father Savas Constantinou. Our hope is that this walk carries on his legacy of selfless service and charity.

The Prayer Service and Picnic will be held in the pavilion inside the park entrance (off Shore Drive). Carpooling is encouraged. The Mission Walk and picnic are free. The entrance fee to the park is required.

All ages are welcome and encouraged to participate. If you are unable to walk, join us for the Prayer Service and the Picnic. Please make donation checks payable to the Father Sav Mission Walk Fund.

Please send completed registration forms to St. Nicholas GOC, 621 First Colonial Road, Virginia Beach VA 23454 or to your parish's church office by SUNDAY, SEPTEMBER 17, 2017.

WE LOOK FORWARD TO SEEING YOU!!

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FATHER SAV MISSION WALK SATURDAY SEPTEMBER 23, 2017

We look forward to seeing you for our 5th Annual Father Sav Mission Walk and Pan-Orthodox Picnic.

1. Directions to the park: Follow East I-264 to the London Bridge Road Exit (Exit 19C). Take this exit. At the bottom of the exit ramp turn left. Cross Laskin Road (London Bridge becomes Great Neck Road). Follow Great Neck Road until it intersects with Shore Drive. Turn right on Shore Drive. Follow Shore Drive approx. 1 mile to the park entrance (which is at a stop light). Park entrance is on the right. Go into the park and take the first right after the ranger station (signs will direct you to the Mission Walk). There is open parking. Registration table will be on the left and picnic area on the right in the picnic area near the pavilion.
2. Park entrance fee: Parking, Mission Walk and Pan-Orthodox Picnic are FREE, but the \$5 park entrance fee per vehicle is required. Car-pooling is encouraged.
3. Donations: We will accept donations to support our designated charities through November 2016. Even if you are unable to participate this year, please consider a donation. Please make checks payable to the Father Sav Mission Walk Fund and send to St. Nicholas GOC, 621 First Colonial Road, Virginia Beach, VA 23451. Thank you for your generosity.

How Does the Mission Walk Raise Money for Charity?

Overview

The Father Sav Memorial Mission Walk is a “Walk-a-thon.” Walk-a-thons are events that usually consist of noncompetitive walks of 1 to 5 miles which raise money for charity. There are three major ways the Father Sav Mission Walk raises money to support our charities.

Pledges

People who participate in walk-a-thons collect pledges from friends, family and coworkers beforehand. The walkers ask them to 1) donate a certain dollar amount per mile the walker walks or 2) to give any amount they would like. The walkers write down the names and dollar amounts on pledge forms and collect checks or cash to turn in on walk day or shortly thereafter. Walkers can also provide the address where people can donate directly. Donations to the Father Sav Memorial Mission Walk can be turned in on the day of the mission walk or made directly to St. Nicholas Greek Orthodox Church, 621 First Colonial Road, Virginia Beach, VA. 23321. Getting pledges is a fun way to generate interest in the event and to provide information to those in the community. Pledge forms are available on the St. Nicholas website.

Direct Donations

The Mission Walk also accepts donations from people who aren't participating in the walk or who are not sponsoring participants. This includes members of the participating churches, people who happen by the event and decide to give a few dollars on the spur of the moment or interested people who want to support our charities. Donations can be accepted from people who give directly to the mission walk without affiliating with a walker. Donations can be mailed to or turned in to St. Nicholas GOC.

EVERY DOLLAR YOU DONATE GOES TO THE CHARITIES WE SUPPORT!

Sponsorships

Sponsors can help the Mission Walk by donating towards the expenses of the walk or sponsoring a portion of the walk. Businesses or individuals can be sponsors. Donations do not have to be strictly financial, but can be services, materials, signage, printing services, postage or other expenses. These types of special donations are always appreciated and will be specially recognized. If you are interested in supporting the Mission Walk in this way, contact St. Nicholas GOC or Annunciation Cathedral.

Commemorative Sales

Additionally, we often have commemorative items for sale. This year, we are not selling any commemorative items.

For additional information, please contact the Mission Walk Coordinator, Mr. Ed Ullom, eullom@cox.net, 479-1198.

PLEASE MAKE CHECKS PAYABLE TO: FATHER SAV MISSION WALK FUND.



FATHER SAVAS CONSTANTINOU MEMORIAL FAMILY MISSION WALK

Each year, Orthodox Christian churches across the country conduct mission pledge walks during September to raise funds to help support Christian missions world-wide. For the 5th consecutive year, the congregations of Saint Nicholas Greek Orthodox Church in Virginia Beach and Annunciation Cathedral in Norfolk will band together to host the Father Savas Constantinou Memorial Family Mission Walk at First Landing State Park in Virginia Beach.

The mission walk has been named the “Father Savas Constantinou Memorial Family Mission Walk” in honor of ‘Father Sav’ (as he was known to all). Father Sav was a Norfolk local who served for years as lay leader and priest at Annunciation Cathedral on Granby Street and then as associate pastor and pastor at St. Nicholas Greek Orthodox Church on First Colonial Road.

Father Sav was a strong champion of the annual Orthodox mission walk who, for many years prior to his retirement in 2004, organized mission walks involving all Virginia Orthodox churches and the youth of those churches. He was a tireless and innovative fund-raiser, who raised tens of thousands of dollars for charity over the years. He organized mission walks at various times on the Chesapeake Bay-Bridge Tunnel, the Virginia Beach Boardwalk and at First Landing State Park.

The mission walk languished for a few years after Father Sav’s retirement, but in 2012 a concerted effort was made to revive this wonderful event. The goal was to both to support Christian charities and to foster closer ties between the local Orthodox churches. A limited event on the Boardwalk was held in October 2012, but was rained out. Even though Father Sav was in retirement and in extremely poor health by then, he enthusiastically supported this revitalized effort. He wrote dozens of letters to friends and parishioners and spoke often in support of this charitable effort. His commitment was unwavering, despite his increasing physical limitations. Sadly, Father Sav passed away in January 2013.

To commemorate his tireless support of the mission walk and what it symbolizes (support for those in need, to further Christian education, to encourage fellowship and community), in 2013 the Mission Walk was re-named in his honor. The Mission Walk has adopted one of Father Sav’s favorite slogans -- FROG (Fully Rely on God) -- as its theme and frog signs mark the path for each year’s walk.

The first annual Father Sav Mission Walk was held at First Landing State Park on September 29, 2013. The event included a Liturgy, a memorial prayer service for Father Sav, a picnic and a 4-mile mission walk. The event was attended and supported by members of Annunciation and St. Nicholas --- the churches at which Father Sav served. Kempsville’s Boy Scout Troop 401 manned First Aid Stations along the walk route. Approximately 220 people attended the Liturgy and picnic and 111 supporters walked the Cape Henry trail to raise funds and awareness.

These efforts raised \$6,000 for Holy Cross Seminary, Orthodox Christian charities and for the Virginia Beach Public Schools “Beach Bags” program --A worthy first step for a revitalized effort. And the sense of ‘one community’ was evident throughout. Father Sav would be proud.

Since then, the Father Sav Mission Walk has raised over \$27,000 for charity and Christian education. The 5th Annual Father Sav Mission Walk will be held on Sunday, September 23, 2017. We will again be joined by our Boy Scout friends from Troop 401 and by the Virginia Beach Volunteer Rescue Squad (for the 4th year). Again, the walk will collect pledges and donations for international Christian charities, scholarships for Virginia Seminarians at Holy Cross Seminary and Camp Good Shepherd Virginia, missionaries and for Virginia Beach ‘Beach Bags.’ Details and additional information are posted on the St. Nicholas website (www.stnicksgoc.org). All are invited to attend and encouraged to support this worthy event.

For additional information contact:

Ed Ullom
5353 Albright Drive Virginia Beach VA 23464
Phone: 757-477-7915 e-mail: eullom@cox.net

